

RECHARGE: Part 1

Sunday, 25 July 2021

Church on the Park | Glen Gerhauer

Texts: 2 Corinthians 4:16-18; Nehemiah 8:9-12; 1 Kings 19:1-8

Theme: God is teaching us his way to recharge.

Intro: How can you recharge God's way? Paul and his team experienced a barrage of difficulties. Yet, they had a secret: they were able to find daily renewal in God. How did they do that? And how can you? Today, we will learn (and remind ourselves) how we can continually recharge so that we can be empowered to carry out the Father's will.

There's a great harvest coming. But it will take us putting these principles in practice to keep us from fainting in the harvest field!

(Also, see my ~~latest~~ infographic - How to Recharge God's Way - @ www.brisbanefire.com).

1) Rest

• Build a rhythm of rest into your life and family - a structure to supernaturally recharge.

• The changes that COVID brought disrupted God's people out of a godly rhythm.

→ Let me be clear that business is not rest in God's eyes.

• Authentic rest is not just taking time off but taking time to enter into God's presence. (Matt. 11:28).

• It's in God's presence that we are recharge, revitalised and restore.

• Nehemiah 8:9-12

• The Levites call the people to stillness and calm.

• The words in Hebrew sound like Hush $\nabla \Pi$ and Shhh $\Pi^{\prime} \omega \Pi \chi$, the root $\Pi \omega \Pi$ (v. 8:11).

Jesus speaks to the storm

Don't be drawn into the vortex of other people's dramas. Instead, speak to the storm to be still.

Mark 4:35-41

Matt. 8:23-27

Luke 8:22-25

• You are an ambassador of shalom.

Rest is the foundation of a godly and holy life.

• The first thing God made holy was the Sabbath, the seventh day (Gen 2:3).

• Lack of rest in God is the root of all evil.

• It leads to our dead works.

• It leads to our own righteousness which is like filthy rags.

• It leads to idolatry, dishonor, complaining, adultery, murder and covetousness.

• The document must be still for the Master to impress his seal. Our lives must be still for OUR Master to impress his image on to our souls.

• Entering God's rest means you find your completely satisfaction and joy in him.

"You will make known to me the path of life;

In your presence is fullness of joy;
In your right hand there are pleasures forever.

You are content

- Pined joy in the simple things, not the sinful things.
 - Sin makes life complicated and complex — it tangles us in a spider's web.

- Entering God's rest means entering into his victory and triumph.

- It is a deep knowing that "It is finished!"

- Like the final minutes of a game — we know we have won — even though the game is not over.

- Entering God's rest means finding your comfort in God — He is your comfort — not the artificial and sinful things.

- You rest by coming into God's presence and knowing that in his presence all is provided.

2) Eat the Word

- The Scripture is the Father's food for your soul

- Jeremiah 15:26

- Don't just read it, but eat and digest it.

- You know you are eating the Word when you receive inward strength to obey God.

- Look at Elijah, 1 Kings 19:1-8.

- It's not normal for a man of God to run from a threat.

- But Elijah (at this point) was spiritually and emotionally ~~depleted~~. depleted.

- And when you're depleted it's easy to be defeated.

- But noticed Elijah's way back.
 - He has to eat this angelic food.
 - This is the way back to his recovery.
 - The food gives him supernatural strength.

Conclusion: God's way to recharge is different than the world because God's way centres around him and his word. The power — the recharging — happens when you do the Word not just know about it.