

# Worn Out?

15 - Nehemiah: A Time for Restoration

Church on the Park | Sunday, 14 FEB 2021 (Valentine's Day) | Glen Gerhauser

**Texts:** [Nehemiah 4:7-17](#); [Daniel 7:25](#); [Ephesians 6:14](#)

**Theme:** Are you \_\_\_\_\_ out? There's a solution.

**Intro:** One of the tactics of the enemy is to \_\_\_\_\_ you out. In [Daniel 7:25](#), we read: "He [probably the final antichrist] will speak out against the Most High and wear down the saints of the Highest One..." We find the enemies of God using this tactic in [Nehemiah 4](#), and it seems they almost win. We hear the sigh of God's people in [Nehemiah 4:10](#): "The strength of the burden bearers is failing, Yet there is much rubbish; and we ourselves are unable to rebuild the wall." The enemies constant barrage of attacks so wearied the people, filling them with fear, that they wanted to stop the work of restoring the walls. But then there is a turning point, highlighted in these words: "But we prayed to our God, and...set up a guard against them day and night" ([Neh. 4:9](#)). This turn around meant \_\_\_\_\_ themselves with "spears...shields...bows and the breastplates" as they did their work ([Neh. 4:16](#)). Yes, the enemy wants to wear you out, but the solution is wearing God's armour. Today, we will focus on the most prevalent piece of God's armour: the breastplate of righteousness. And the question we will answer is: *how do you put on this breastplate of righteousness?*

1) R - The Righteous are \_\_\_\_\_, Raw & \_\_\_\_\_.

2) I - God's righteousness is \_\_\_\_\_ by faith.

3) G - \_\_\_\_\_ living keeps you in God's righteousness.

4) H - \_\_\_\_\_ for more of God's righteous.

5) T - \_\_\_\_\_